

# **Dutton Park State School**

112 Annerley Road, Dutton Park Q 4102 Telephone: 3010 8333 Email: admin@duttonparkss.eq.edu.au

16 March 2022

**Dear Parents and Carers** 

We will hold Cross Country and Free Dress Colour Fun Run events on **Wednesday 30 March** on the School Oval. **Cross Country** will be held from **9:00 – 11:00am** and the **Free Dress Colour Fun Run** from **3:00 – 2:00pm**.

There will be an emphasis on participation and enjoyment. It is an expectation that all students will participate in the events, so if your child is unable to run, please do not nominate.

Parent consent is required for these events. Please complete the permission form which will be sent home with your child today.

Parents are most welcome to attend this even. Please remember that social distancing will be required. Don't forget to bring your hat, foldable chair and water bottle.

The activities on the day will be:

## **Competitive Cross Country**

- Years 4 6 Students can participate in the competitive race (10 years 2km; 11 & 12 years 3km). Please Note: For Students born 2010 2012, the course includes running outside school grounds along Annerley Road between the oval gate and the car park entrance.
- Years P-3 Students can participate in a competitive race (Prep and Year 1 1 lap of the oval, Years 2 and 3 2 laps of the oval).

#### Note

- Please wear your sports uniform and suitable running shoes for your event.
- The results of the race for students born 2010, 2011, 2012 will be used to select representatives for the Mt Gravatt District Cross Country Trials.
- Ribbons will be awarded to the top three runners in each age group.

### **Points**

Students will earn house points on the day – First place: 9 points, Second place: 5 Points, Third place: 3 points and Participation: 1 point.



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**Timetable – Cross Country** (this is approximate and may vary according to numbers).

TIME	EVENT		
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9:00	Students assemble on school oval – War Cry		
9:10	Prep Boys and Girls – 1 lap of the oval		
9:15	Year 1 Boys and Girls – 1 lap of the oval		
9:20	Year 2 Boys and Girls – 2 laps of the oval		
9:30	Years 3 Boys and Girls – 2 laps of the oval		
9:40	Boys and Girls Born 2012 – 2 Internal & External laps 2km		
	course		
10:00	Boys and Girls Born 2011 – 3 Internal & External laps 3km		
	course		
10:30	Boys and Girls Born 2010 – 3 Internal & External laps 3km		
	course		
11:00	Finish		

#### Free Dress Fun Run

- Please wear free dress (preferably white T-shirt) that is sun safe and suitable for running (t-shirt and shorts).
- Sports shoes must be worn.
- ALL students need a drink bottle and a hat with them.
- Students will run as many laps as they can within 10 minutes.

## Timetable - Free Dress Colour Fun Run

TIME	EVENT		
2:00 - 2:15	Prep, Years 1 & 2		
2:15 - 2:30	Years 3 & 4		
2:30 - 2:45	Years 5 & 6		
2:45 - 3:00	Winner Announced		

Kind Regards

**Cindy Zhang**PE Teacher

Ciney Thay

Philomena Downey

Principal